



23705 Vanowen St. #177
West Hills, CA 91307
www.gsmusictherapy.com

Music Therapy Internship Fact Sheet

Name and Contact information for Internship Director:

Tomoko Inaba, MT-BC
(818) 224-9018
inatomo13@sbcglobal.net

Description of Population Served:

Golden State Music Therapy (GSMT) serves adults with severe to profound multiple disabilities in their group homes, adults with intellectual/developmental disabilities in their day programs, elderly in different stages of dementia in memory care unit and board and care homes, and individuals with TBI in an out-patient rehabilitation facility.

Description of entry level requirements/competencies:

Prospective interns will be evaluated the below requirements during an in-person or online interview and audition.

- Basic musicianship skills on guitar or ukulele and/or piano. These skills include, but not limited to, playing songs in multiple keys using various strumming patterns and/or fingerpicking styles and maintaining a steady tempo throughout the songs.
- Proficiency in singing, in tune with a pleasing vocal quality and proper voice projection while playing an accompanying instrument.
- Confidence in vocal skills in leading large groups.
- Ability to maintain steady rhythm on guitar/ukulele and percussion instruments.
- Familiarity with autism spectrum disorders, intellectual disabling conditions, physical disabilities, and age-related disorders.
- Awareness of the emotional stability and maturity required to work with people with sever multiple disabilities and a variety of behavioral issues.
- Self-motivated and openness to feedback and criticism.
- Professionalism and effective communication skills.
- Willingness and ability to work with a wide variety of ethnic, religious, gender/sexual identity and socioeconomic groups.

Internship Experience:

Interns will gain experience to work mainly with three different populations in various sites.

- Day programs for adults with ID/DD - group sessions

Sessions are weekly group sessions, varying in size from six to twelve participants. Interns will work with a supervisor throughout the first three months and be guided to develop therapeutic skills and interventions/activities for 50-mins group sessions at this site, which aim to provide them with pleasant, stimulating, fun and safe music experience.

Interns will be challenged appropriately as they learn therapeutic skills throughout this process. After sessions, the supervisor will provide feedback and guidance in timely manner. The intern will co-lead with the supervisor throughout an internship period.

- Group homes for adults with severe to profound multiple disabilities - individual sessions

Interns will be visiting six to twelve group homes each month. Three or four individuals reside in each home, and each individual requires 30 mins to two hours of music therapy hours each month. During the first month of internship, an intern will visit homes with a supervisor to be introduced to clients and staff and learn procedures. From the second month, interns will be creating their own schedule, visiting the homes and leading sessions on their own, typically in the afternoon hours. Occasionally, Intern can expect to provide simple annual reports on clients for IPP meetings. Intern will be interact with direct service staff on regular basis.

- Memory care units in assisted living facilities - group sessions

Interns will be leading/co-leading four to six group sessions with elderly in various stages of Alzheimer's disease and dementia in various locations per month.

Interns will also have occasional experiences to visit Board and Care homes for small groups or individual sessions and a rehabilitation center for TBI patients to observe their music therapy sessions.

Interns will receive a few hours of supervision each week to discuss accomplishments, challenges, assignments and competencies etc. They will be building a wide range of repertoire to serve a variety of populations.

This internship can be full- or part-time. Schedules are arranged by the internship director in the first week of internship and adjusted depending on the intern's availability, current contracts and client's availability.

Other Professional Staff

Interns will work with professionals below throughout the experience.

- Residential Administrators, LVNs, and DPSs (Domestic Personal Assistants) in group homes.



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- Program managers and personal assistants in day programs.
- Program/Activity directors in memory care.

On-Site Training Programs:

Golden State Music Therapy does not offer any other on-site training.

On-Site Education Programs:

Golden State Music Therapy does not have any additional on-site training; however, interns might be invited to attend a workshop outside of Golden State Music Therapy to improve their musical skills - depending on the time of an internship period. Interns are encouraged to attend AMTA conference during internship at their own expense.

Additional Requirements:

The following must be in place or completed prior to the start of internship. Interns are responsible for any costs incurred to meet these requirements.

- A background check (will be provided by GSMT)
- A proof of professional liability insurance policy
- A social security number or a work permit in the United States
- Proofs of a valid driver's license, valid car insurance and reliable car for daily travel to client locations.

Additional Information:

- No stipend will be offered. However, interns will receive \$20 per hour worked at group homes as a reimbursement for gas expense. (\$300-500 per month)
- Interns are responsible for securing their own housing and providing their own meals.
- Interns must show the proof that they have received COVID19 vaccines.
- Some instruments will be provided to use during an internship period.
- A legal agreement must be in place between an intern and Golden State Music Therapy prior to the start of internship.
- A legal affiliation agreement will NOT be required with the intern's school.